

The DC Stimulator

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PRESIDENT'S MESSAGE

By Alison Lichy, PT, DPT, NCS

As PT month approaches there are many great things occurring in the DCPTA. Congratulations to Andrew A. Guccione, PT, DPT, PhD, FAPTA, the recipient of the 41st Mary McMillan Lecture Award for his distinguished contributions to our profession. Dr. Guccione will be delivering his lecture at the 2010 Annual Conference in Boston. Kurt Vanderschalie received the Emerging Leader Award and will be recognized in the October issue of PT Magazine. At Annual Conference 2009, Toby Long, PT, PhD, FAPTA was a recipient of the Catherine Worthingham Fellows of APTA. Thank you all for your hard work and dedication to our chapter and profession.

I also want to thank our members who volunteered their time to develop our new web site. The web site will be up and running in October! Look on our web site for, new resources, a members only portal, and current updates on the discussion of health care.

This summer was a busy one for the DCPTA. In June the chapter was an active participant at Annual Conference and the House of Delegates. Elections were held for directors, officers and committee members. R. Scott Ward, PT, PhD, was reelected president. Paul A. Rockar Jr, PT, DPT, MS, was elected vice president. Mary C. Sinnott PT, DPT, MEd, Nicole L. Stout, PT, MPT, CLT-LANA, and Kathleen K. Mairella, PT, DPT, MA, were elected, and Aimee B. Klein, PT, DPT, DSc, OCS, was reelected as directors. James E. Hughes, PT, was elected to the Nominating Committee. All will serve three-year terms except for Mairella who will serve the remaining two years of Rockar's term as director. The DCPTA also introduced two important motions before the House concerning the definition and use of "competency," "continued competence," and "professional development."

In August, our board met and worked hard to create a vision for our chapter as we move into 2010. Our new vision: To establish the District of Columbia as a center of excellence in physical therapy clinical practice, education, and research, through: professional development, networking, and advocacy; recognition of members contributions; maximization of the value of membership; and commitment to the health needs of the community.

Along with daily business, health care reform has been on everyone's mind and continues to be on the top of the

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DCPTA MISSION AND VISION

Mission:

The mission of the District of Columbia Physical Therapy Association, the local chapter of the American Physical Therapy Association and primary voice for the American Physical Therapy profession, is to promote advocacy, service, and dissemination of knowledge to its membership, the profession, and the community at large.

DCPTA Chapter Vision:

To establish the District of Columbia as a center of excellence in physical therapy clinical practice, education, and research, through: professional development, networking, and advocacy; recognition of members contributions; maximization of the value of membership; and commitment to the health needs of the community.

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The DC Stimulator

The Official Newsletter of
The DC Chapter of the American
Physical Therapy Association

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The editorial staff reserves the right to decline or edit articles for clarity or brevity. Published articles express the views of the author or contributors and do not necessarily represent official policies or views of the editorial staff, the DC Chapter Board of Directors, or APTA. All articles submitted should include the name, title, and contact information of the author.

Article submission and advertising inquiries should be made to: aptaofdc@gmail.com. All display ads must be camera ready. An extra fee will be charged if art production is required. The *Stimulator* is published three times a year—Winter, Spring and Fall. Please notify the Membership Department at APTA at 800/999-APTA, ext 3395, or at www.apta.org for any changes of address, telephone number, fax number, or e-mail address.

Advertising Information

For advertising information, contact:

DCPTA

E-mail: aptaofdc@gmail.com

Display Advertising Rates for 2009

Ad Size	Number of Insertions		
	One	Two	Three
Full Page (7" x 10")	\$250	\$225	\$200
½ Page • Horizontal (7" x 4 ¾") • Vertical (3 ¾" x 10")	\$175	\$165	\$155
¼ Page (3 ¾" x 4 ¾")	\$125	\$115	\$105

Deadlines

Issue	Deadline
January 2010 Newsletter	December 3, 2009
April 2010 Newsletter	March 3, 2010
September 2010 Newsletter	August 3, 2010

Advertising Order Form

You are authorized to publish our advertisement in the upcoming issue of *DC Stimulator* beginning with the _____ (month/year) issue and continuing for _____ (#) issues.

Name _____

Company _____

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Display Ad Size _____

Rate _____

Amount Enclosed _____

Authorized Signature _____

Title _____

Date _____

PLEASE NOTE: All issues will be distributed electronically via the DCPTA Web site at www.dcpta.com.



Chief Delegate Update

Andrew Guccione, PT, PhD,

The APTA House of Delegates met in Baltimore on June 8-10, 2009. The chapter was represented by Alison Lichy, President and Andrew Guccione, Chief Delegate. The most important piece of business before the House (and the motion that took the most amount of time) was the consideration of a revised Code of Ethics for physical therapists and Standards of Ethical Conduct for the Physical Therapist Assistant. Each of these documents was adopted after extensive debate and amendment, and will take effect in 2010. The first major difference members will notice is that both documents are much longer and each section is more descriptive of the behaviors expected of both physical therapists and physical therapist assistants. After much discussion over the meaning of “shall” vs. “should,” the House voted for wording of each principle and sub-principle using the more definitive obligatory form, “shall.” Given the amount of discussion that various wordings of each sentence received, it will not be surprising to see proposed amendments in future years.

The Board of Directors has been charged to undertake an education program to make members aware of the implications of the new Code and Standards. It is too early to know how licensing boards might now interpret the Code or Standards, but members should begin to review the new documents as soon as they are posted on the APTA web site in order to be prepared for the official promulgation in 2010.

The Chapter had submitted three motions to the Reference Committee for consideration by this last year’s House. One of our motions would have required changes to the APTA web site to clearly distinguish between Association content and advertising, a concern that originated with a chapter member. As it turned out, the Reference Committee noted that the web site was out of compliance with an existing Board policy on web site advertising. In exchange for the Board recommitting to

its own previously adopted the policy by the start of the House, the chapter agreed to withdraw its motion. Advertising on the APTA web site now is clearly marked as such, thanks to the chapter’s vigilance.

President Lichy introduced two additional motions on the floor of the House, both of which were related to proposed definitions of “competence,” “continuing competence,” and “professional development.” The chapter had serious concerns that the proposed definitions would have equated “continuing competence” and “professional development,” and would have given regulatory bodies far too much latitude in overseeing an individual’s professional development. A second concern was that the chapter wanted to ensure that APTA, and only APTA, was regarded as the appropriate body to assume responsibility for professional development, especially as it relates to the profession as a whole. The Florida Chapter joined us as a co-sponsor to this last motion, and we agreed on an amendment that strengthened the wording regarding the role of APTA and its components in assuming responsibility for guiding professional development.

Each of these motions involved intense negotiations with members of the Board prior to the House, on the House floor, and off-line. The House is meant to deliberate and take actions, but is not well-suited to considering the detailed nuance of every word in a motion. Under these circumstances, the most effective parliamentary procedure is to refer the motion for further study. By referring our motions back to the Board, we facilitated the work of the Association to address the concerns of our chapter members without using the House’s most valuable resources – the time and energy of delegates. In the end, the Board recognized the validity of the chapter’s concerns as well as the difficulty to come up with correct language on the spot, and agreed to review the issues again before moving forward with motions to be considered at next year’s House.

Overall, the chapter’s delegation left the House with a sense of accomplishment, and will look forward to working on these motions again when the Board of Directors reports back to the House.

Federal Liaison's Update

Michelle Denning, PT

As fall begins, and with fall, the start of October's National Physical Therapy Month, I think with delight how much I enjoy the beauty of our mid-Atlantic region and how lucky we are to work and live in DC. We are at the epicenter of the national healthcare conversation, a topic which incites strong emotions, view points, and more than a few misunderstandings! As your Federal Liaison of DC for the APTA, I want to share with you some of the exciting things that the APTA is doing on behalf of our profession, highlight areas where you can make a difference and encourage you to become involved.

The APTA Government Affairs web site has a wealth of information for you and your patients. I think it is important to note that the APTA has made clear its involvement in the healthcare debate.

"APTA isn't in the business of shaping the overall health care system. Our goal is to see that the profession has what it needs to provide the best possible care to its patients. APTA staff is in constant contact with members of Congress and their staff, along with many administration officials. We have regular meetings and phone calls with them to make sure they are aware of the needs of the PT profession. APTA is also a member of several health care coalitions that are deeply involved in the health care reform debate." (www.apta.org)

Along with learning about the multiple ways in which the APTA is supporting our profession, there is a Legislative Action Center for Therapists who are members of the APTA which show you how to become directly involved. There is also a Patient Action Center to allow your patients' voices to be heard as well. The link to the Legislative Action Center can be found under the "Areas of Interest" and clicking on the "Advocacy" link. The Patient Action Center can be found at: www.apta.org/patientaction.

Often, the assumption is that since we don't have a "vote" on Capitol Hill, we are also without a voice. Not true! In fact, beyond the efforts of DC's own Eleanor Holmes Norton, (Rep-D), a long-standing supporter of the DCPTA, we have a unique opportunity to have national access to the policy makers that shape the laws and regulations that guide our profession and the entire healthcare of our nation! Few of us are native to DC and have family in states throughout the country. All of us can be the conduit between our families' Senators and Representatives here on the Hill and likewise, provide accurate information to our loved ones living far away as the healthcare debate continues. I encourage all of you to take a moment and get involved. Please feel free to contact me @ michelle_denning@yahoo.com with any questions or concerns. Looking forward to hearing from all of you.



Throughout the year there are a number of ways APTA members can advocate on physical therapy issues. One of the most effective ways to become involved is to join APTA's PTeam grassroots program. PTeam is a vital link to APTA's success on Capitol Hill. All PTeam members receive updates on federal legislation including Action Alerts, newsletters, and Information Bulletins. Through the alerts, we ask you to contact your members of Congress on particular issues of concern to your patients and the physical therapy profession.

Please note: APTA members are not automatically signed up for PTeam; they must sign up for this separately.

Sign up and join PTeam today by clicking on the Keep Alert Join PTeam button at www.apta.org/advocacy!!!

House of Delegates 2009 Summary

Prepared by Babette S. Sanders, Secretary, APTA

RC 1-09 Amend: Standing Rules of the American Physical Therapy Association, 15. Deadline for Main Motions. (DEFEATED)

Would have required a 2/3 vote of the House, without debate, for any motion submitted after the deadline for main motions to be considered by the House of Delegates.

RC2-09 Amend: Designation “PT,” “PTA,” “SPT,” and “SPTA.” (DEFEATED)

Proposed that the existing policy be amended so that only the regulatory designation, highest earned physical therapy related degree, other earned academic degree and Association related professional honors be initialized in APTA documents. All other credentials, titles and certifications should be written in full text.

RC3-09 Rescind: Position on Referral Relationships (WITHDRAWN)

RC 4-09 Amend: Code of Ethics (PASSED)

RC 5-09 Amend: *Standards of Ethical Conduct for the Physical Therapist Assistant* (PASSED)

The *Code of Ethics (Code)* and *Standards of Ethical Conduct for the Physical Therapist Assistant (Standards of Ethical Conduct)* were expanded to better delineate the ethical obligations of all physical therapists (PTs) and physical therapist assistants (PTAs). The *Code* will now address the five roles of the PT (clinician, administrator, educator, researcher, and consultant), the core values of the profession, and the multiple realms of ethical action.

The new *Code* and *Standards of Ethical Conduct* go into effect July 1, 2010. A communication plan will be developed for disseminating information to APTA members regarding the availability of the final documents. (PTBoL 6/19/09)

RC6-09 Amend: Professional Development, Lifelong Learning, and Continued Competence in Physical Therapy, Definitions: Competence (WITHDRAWN)

RC7A-09 Amend: Professional Development, Lifelong Learning, and Continued Competence in Physical Therapy, Definitions: Continued Competence (WITHDRAWN)

RC7B-09 Amend: Professional Development, Lifelong Learning, and Continued Competence in Physical Therapy, Definitions: Continued Competence (REFER TO THE BOARD OF DIRECTORS)

RC 8-09 Amend: Professional Development, Lifelong

Learning, and Continued Competence in Physical Therapy, Definitions: Professional Development (REFER TO THE BOARD OF DIRECTORS)

RC 12-09 Responsibility for Continued Competence and Professional Development (REFER TO THE BOARD OF DIRECTORS)

RCs 7B, 8, and 12 were referred to the Board of Directors with the request for an interim report no later than December 31, 2009 and a final report to the 2010 House of Delegates. The language for RCs 7B and 8 remained as published in Packet I; RC 12 was moved with editorial changes to include language stating that “APTA is recognized as the best positioned and most appropriate to develop and maintain the continuing education and competency standards for the profession.”

RC 9-09 Amend: Licensure Renewal: Continuing Education (PASSED)

Amends the current position to include practice management as appropriate course work for continuing education as related to license renewal. (PTBoL 6/19/09)

RC 10-09 Meeting Collaboration Between the American Physical Therapy Association and Host Chapters (REFER TO THE BOARD OF DIRECTORS)

Referred to the Board of Directors for further discussion and collaboration with components to develop a model that is mutually beneficial when an APTA sponsored conference is held in that component’s jurisdiction; models shall be presented no later than the 2011 House of Delegates.

RC 11-09 Monthly Dues Payment Program (DEFEATED)

Would have required APTA to establish a Monthly Dues Payment Program.

RC 13-09 Electronic Publications (REFER TO THE BOARD OF DIRECTORS)

Requests that APTA and its sections provide periodicals primarily through electronic communications by 2015.

RC14-09 Support of Environmentally Responsible Practice by the American Physical Therapy Association and its Components (PASSED)

Encourages the use of environmentally responsible practices to guide APTA and its components to consider the future health of the planet while attending to their daily business tasks. (PTBoL 6/19/09)

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MEMBERSHIP REPORT

By Gloria Rogers, PT, MMS, DPT

Are You Aware of the Benefits of APTA Membership?

Many physical therapists belong to the APTA because they feel it is the right thing to do, or because they were compelled to belong as a student and have automatically renewed their membership each year. They receive the journals and continuing education announcements, maybe attend a chapter meeting, but do not engage themselves in much else. If this sounds familiar, you are missing out on a treasure chest of benefits and services included in your membership.

Do you own a private physical therapy practice and need information about reimbursement? Are you thinking about starting your own private practice?

The APTA Consulting Service was created to connect members with expert consultants that can provide individual guidance on a wide variety of practice management issues at competitive rates.

Have you been thinking about protecting your assets and planning for retirement?

Being an APTA member gives you access to quality insurance and financial services, that often include unique features designed specifically for physical therapists, and often at discounted rates.

Are you new to the profession and looking for guidance from a more experienced physical therapist?

The APTA has an informal and flexible program of volunteer mentors who are willing to help you with career, clinical and professional issues.

Are you searching for research articles that provide information about best practices or most effective physical therapy interventions for specific physical dysfunctions?

Open Door is APTA's portal to evidenced-based practice. It is a collection of health care related journals and trade publication databases. **Hooked On Evidence** is a database of current research evidence on the effectiveness of physical therapy interventions that is created through the efforts of the individual members.

These are just some of the benefits of belonging to the APTA that are not available to non-members or the general public. You belong to a dynamic and innovative organization that strives to serve the best interests of its' members. Check out all of the benefits and services available to you. Visit the APTA web site at www.apta.org, click on Membership and Leadership, and read about Member Benefits and Services, and much more.

Membership Statistics (as of 08/21/2009)

- PT Members: 211
- PTA Members: 4
- Student Members: 87

Total Members: 302

WELCOME NEW 2009 DCPTA MEMBERS!

Amber Anson, PT
Jack Bal, SPT
Mary Compton, SPT
William Drew, SPT
Joseph Fielding, SPT
Holli Finneren, SPT
Marguerite Hock, SPT
Laura Hodges, SPT
Justin Huvelle, SPT
Meagan Gavin, SPT
Danielle Geruso, SPT

Jack Bal, SPT
Kathryn Kleene, SPT
Katherine Krueger, SPT
Celeste Leong, SPT
Jesse Lewis, SPT
Hillary Martinez, SPT
Cristin McGetrick, SPT
Julia McPeak, SPT
Lauren O'Shea, SPT
Christine Pattison, SPT
Elizabeth Reinbold, SPT

Maggie Richards, SPT
Richard Simeoni, SPT
Jennifer Smith, SPT
Austin Stutsman, SPT
Antonio Torres, SPT
Anastasia Tsougasla, SPT
Juan Vasquez, SPT
Katherine Verbyla, SPT
Anique Walters, SPT
Abbey Wawrznek, SPT
Cristina Wright, SPT

Continuing Education Report

Jeff Robinson, PT, FAAOMPT

The DC chapter was pleased to host the spring continuing education program on April 30th at George Washington University Hospital. Jonas Rudzki, MD spoke on “Current Treatment Trends in Rotator Cuff Disease.” Continuing education units were provided for this session.

The topic for the fall education meeting will be evaluation and treatment of neurological patients using the “Neuro-IFRAH” approach. Neuro-IFRAH is an acronym for Neuro-Integrative Functional Rehabilitation and Habilitation. “Introduction to the (NEURO-IFRAH®) Approach in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury” will be presented by Michelle Denning, PT and Jeanie Henrion, OT. This event will be held on October 17 and 18th at the National Rehab Hospital. CEUs will be offered for this course.

The Chapter welcomes your input for ideas on the 2010 continuing education programs. Please contact Jeff Robinson, PT, FAAOMPT at jeff@coreptdc.com with topics of interest for 2010.

Jeff Robinson
Continuing Education chair, DCPTA

Mark your Calendars

DC Physical Therapy Forum
October 28th
5:30-7:00 p.m.

Howard University Hospital Towers Auditorium.
2041 Georgia Ave NW Washington, DC 20060.

There will be a round table discussion regarding Continuing Competency. Attendees will receive 2 hours of continuing education

**17th Annual Celebration of Diversity
to Benefit the APTA Minority Scholarship Fund
Saturday, October 3, 2009
Academy of Natural Sciences
Philadelphia, PA**

The Academic Administrators and Clinical Education Special Interest Groups of the Section for Education and the Pennsylvania Physical Therapy Association are serving as our hosts for this special evening.

APTA has awarded \$667,000 to 164 students and 10 PT faculty members since 1988.

Component donations in 2008 totaled nearly \$10,000.

Welcome New Board Members

Scott McCauley, PT is our new Government Affairs Chair. Scott is a physical therapist at Physiotherapy Associates of Capitol Hill and also works at George Washington Hospital Acute Rehab Unit and is an adjunct faculty for Marymount University. He received his undergraduate degree at Colorado State University and his doctorate of physical therapy at the University of Southern California. Scott is engaged to Jennifer Wells, PT.

Scott can be reached via email at scottmccauleydpt@yahoo.com.

Brian Neville, PT is our new Reimbursement Chair and a member of the Government Affairs Committee. Brian is a physical therapist at Sports and Spinal Physical Therapy in downtown DC. He received his DPT from Duke University and has worked in the Department of Professional Development at the APTA. Brian has interned with the Locomotor Experience Applied Post-Stroke (LEAPS) trial at the Brooks Rehabilitation Hospital in Jacksonville, FL and also at the University of Utah Sports and Orthopedic Center in Salt Lake City, UT.

Brian can be reached via email at brianneville@gmail.com.

DCPTA CHAPTER MEMBERS IN THE SPOTLIGHT

Catherine Worthingham Fellows

Toby M Long, PT, PhD, has influenced students over the past two decades in professional preparation programs and thousands of clinicians through ongoing post-professional education programs in pediatric physical therapy. Dr Long earned a BS in physical therapy from Boston University, MA in special education from George Washington University, and PhD in human development from the University of Maryland.



Throughout her 30-year career, Dr Long has remained a practitioner in addition to her work as an educator, most recently promoting evidence-based practice through her role as director of physical therapy at Georgetown University Center for Child and Human Development and coordinator of the DC Early Intervention Comprehensive System of Personnel Development. A longtime advocate of early intervention, she has been awarded numerous grants for her efforts in this area.

Currently an associate professor at Georgetown University's Department of Pediatrics, University of Indianapolis Krannert School of Physical Therapy, and Rocky Mountain University of the Health Sciences, Dr Long is considered a gifted teacher and valuable mentor. Dr Long has always made herself available via advisory and consultative positions to the physical therapy community, the broader pediatric rehabilitation community, and consumer organizations. A frequent presenter both nationally and internationally, Dr Long also shares her knowledge in clinically relevant manuals and pamphlets on the provision of physical therapy, and has been on the editorial boards of several rehabilitation-services publications, including *Interdisciplinary Journal of Development and Learning Disorders* and *PT Magazine*.

A member of APTA since 1975, Dr Long has served as a Physical Therapy book reviewer; as a member of the Environmental Statement Review Panel and Coalition for Consensus on Professional Education, and as chair of the Advisory Panel on Women. She has been active in the Section on Pediatrics, including as president and regional director, and member of the Nominating Committee.

Among Dr Long's many honors and awards are APTA's Lucy Blair Service Award, G.E. "Bud" DeHaven Award, and Jeanne Fisher Distinguished Mentorship Award. In addition, she has been honored with the Fulbright Senior Specialist Award, Georgetown University's Vicennial Award, and the District of Columbia Physical Therapy Association's President's Award.

The DCPTA and APTA salutes Dr Long's distinguished career and commitment to both the educational and clinical aspects of the PT profession, and is pleased to honor her with the Catherine Worthingham Fellows Award.

Emerging Leadership Award

This honor was awarded to Kurt van der Schalie as a person who has demonstrated extraordinary service early in his or her physical therapy career. The individual should have made exceptional overall accomplishments and contributions to APTA, the component, and the physical therapy profession to advance APTA's vision.



Guccione to Deliver 2010 McMillan Lecture

Respected as a clinician, academician, researcher, and advocate for the profession and the patients it serves, Andrew A. Guccione, PT, DPT, PhD, FAPTA, has been chosen to present the 41st annual

Mary McMillan Lecture, APTA's highest honor, in Boston next June during PT 2010.

Guccione is deputy director of the Health Services Research and Development Services Department at the US Department of Veterans Affairs' Office of Research and Development, a strong leadership role for physical therapy within the federal government.

Previously Guccione was APTA's senior vice president of practice and research, and prior to joining APTA he was director of physical therapy services at Massachusetts General Hospital. He has been on faculty and held academic appointments at Boston University PT Program, Boston University School of Medicine, Harvard Medical School and MGH Institute of Health Professions.

He has served on the APTA Board of Directors and as APTA Speaker of the House.

Guccione holds a bachelor of science degree from Boston College, master's degrees in both philosophy and physical therapy, a certificate in gerontological studies from Boston University, a PhD from Boston University's Department of Sociology, and a DPT from MGH Institute of Health Professions.

He is designated a Catherine Worthingham Fellow, the highest distinction of APTA. He is primary author of more than two dozen professional publications in the areas of geriatrics, arthritis, professional issues and ethics, as well as the editor of a textbook, Geriatric Physical Therapy. During his tenure on APTA's Board of Directors, he was a member of the Board Oversight Committee for the Guide to Physical Therapist Practice.

Congratulations Andrew!



President's Report (continued from page 1)

discussion list at APTA. President Obama is looking to Congress to move health care forward in the coming weeks.

In the recent Presidential address to the Joint Session of Congress, President Obama outlined legislation that will cost approximately \$900 billion initially, but will be deficit neutral over a ten-year period. Also noting he would not sign legislation that is not deficit-neutral over the next ten-years. President Obama also outlined three main principles. First, those with insurance, federal programs or a private plan, can keep their insurance plan. Along with keeping their plans, individuals will gain essential consumer protection. Secondly, individuals without or with limited coverage will have access to meaningful coverage through a transparent health exchange. The purpose of the exchange is to ensure minimal standards and benefits to ensure that all have access to meaningful health coverage. Thirdly, individuals have meaningful health coverage if they can afford it. This would be achieved through policies to expand federal programs for those facing economic challenges, incentives for small businesses and individuals to purchase health insurance, and assess penalties on individuals who can afford coverage and do not purchase coverage.

Please mark your calendars, the DC Forum will be held on October 28th At 5:30 p.m. at Howard University. The agenda includes a roundtable discussion regarding continuing competency. Attendees will receive 2 hours of continuing education. See you there!

APTA HONORS AND AWARDS PROGRAM: CALL FOR NOMINATIONS

APTA is now accepting nominations for 2010 Honors and Awards. Nominations must be submitted no later than **December 1, 2009**. Some awards nomination packets include downloadable forms (Mary McMillan Scholarship Award, Dorothy Briggs Memorial Scientific Inquiry Award, Chattanooga Research Award and Jack Walker Award), that should be completed and also submitted electronically. To access go to: www.apta.org/honorsawards.

Nomination Deadline: Tuesday, December 1, 2009, 5:00 pm, ET

- Submit nominations online at: <http://mc.manuscriptcentral.com/apta2010awards>

Questions? Please contact the Honors and Awards Program at honorsandawards@apta.org or 800/999-2782, x3252.

Process for Resubmission of Award Nominations

Nomination packages for honors and awards (except for the Mary McMillan Scholarship Award, Dorothy Briggs Memorial Scientific Inquiry Award, Chattanooga Research Award, and Jack Walker Award), reviewed by the Awards Committee or Catherine Worthingham Fellows Review Committee and not selected for an honor/award will be resubmitted for the next year's Honors and Awards Program (ie, one year after the original nomination submission), if the nominee continues to meet award eligibility and criteria for selection requirements. Staff will review nominations for continued eligibility and resubmit copies for consideration in the next year's program. Resubmission of nominations for honors/awards in subsequent years will require the consent of the nominator, and update of the nomination package.

Notification and Presentation of Awards

Nominators will receive an e-mail notification from APTA's Honors and Awards Program confirming receipt of the nomination package. Honors and awards recipients and nominators will be notified in writing following the APTA Board of Directors meeting in March 2010. Recipients will be recognized in June at the Honors and Awards Recognition Ceremony held during Physical Therapy 2010: The Annual Conference and Exposition of the APTA in Boston, Massachusetts.

General Guidelines for Submitting a Nomination

In addition to the specific nomination procedures found for each award some general guidelines that may assist you in the preparation of a nomination:

- Nominators are responsible for submitting award nomination packages via APTA's Web site by the December 1, 2009, deadline. Nomination packages received after 5:00 pm, ET on this date will not be considered.
- Use only the forms found on APTA's Web site (www.apta.org) or e-mailed to you by APTA staff as changes have been made to the forms used in previous years.
- Letters of support should be original and based on the writer's personal relationship to the nominee. They may cover the nominee's professional, scholastic, community, or Association contributions and achievements that relate to the award criteria. Nominators may wish to ask colleagues to address specific aspects of these contributions or achievements in their support letters to provide a more broad and organized coverage of the nominee's career.
- Nomination packages should be complete. Please be aware that an incomplete package or one that includes materials not requested in the submission criteria may put a nominee at a disadvantage when the package is reviewed.

Questions?

Please contact the APTA Honors and Awards Program at 800/999-2782, x3252, or honorsandawards@apta.org.

We look forward to receiving your 2010 nominations!
Nominators will receive e-mail notification verifying receipt of their nomination packets.

RC15-09 White Paper on Physical Therapists as Health Care Managers (WITHDRAWN)

RC16-09 Models of Care Delivery (PASSED)

Charges APTA to identify and develop innovative, collaborative, interprofessional models of physical therapist care delivery across the lifespan. The models may have ramifications for the scope of physical therapist practice, and should include access to care, cost effectiveness, patient/client safety, efficacy, and innovative use of physical therapist practice in the health care delivery system. An interim report is due to the House on December 31. A final report is due to the 2010 House. (PTBoL 6/19/09)

RC 17-09 Principles of Professionalism Guiding Physical Therapist Business Relationships (NOT HEARD)

RC 18-09 Conclave of Inter-Professional Emerging Leaders (REFER TO THE BOARD OF DIRECTORS) Proposes establishing a conclave of emerging leaders to explore innovative processes creative partnerships, cutting edge technologies, and integrative practice models.

RC 19-09 Internationally Educated Physical Therapists: Readiness for Practice in the United States (WITHDRAWN)

RC 20-09 Student Loan Repayment Programs at the State Level (PASSED UNANIMOUSLY)

Encourages APTA and its chapters to support the development of strategies to seek inclusion of physical therapy among health care professions identified in state legislation as eligible to receive student loan repayment. The Association will develop and disseminate educational materials that can be used by components in their advocacy activities. (PTBoL 6/19/09)

RC 21-09 Clinical Instructor Education and Credentialing Course Materials (NOT HEARD)

RC 22-09 Support for Candidates for National Office (NOT HEARD)

RC 23-09 Election to Honorary Membership in the American Physical Therapy Association: Charles L Martin (PASSED)

RC 24-09 Election to Honorary Membership in the American Physical Therapy Association: Stephanie A Studenski (PASSED)

RC 25-09 Registered Service Mark (WITHDRAWN)

RC 26-09 Support of Environmental Health Practices by the American Physical Therapy Association and its Components (WITHDRAWN)

New Main Motion 27 Health Care Reform (PASSED)

Supports APTA's readiness to contribute to the health care reform debate in a resolution that outlines the Association's positions on reform and supports the dissemination of the recently published documents *The Role of the Physical Therapist in National Health Care Reform* and *Health Care Reform 2009 A Physical Therapy Perspective*. (PTBoL 6/19/09)

The next House of Delegates meeting will be held June 14-16, 2010, in Boston, MA.

Although only chapter, section, assembly, and caucus delegates sit in the House proper, and only chapter delegates may vote, all APTA members are welcome to attend and sit in the gallery.

The House of Delegates, held annually each spring, is the highest policy-making body of the Association. It is comprised of chapter voting delegates and section, assembly, and PTA Caucus non-voting delegates, and consultants. The number of voting chapter delegates is determined each year based on membership numbers as of June 30.

COMMUNITY SERVICE OPPORTUNITIES

The "Sacred Heart Physical Therapy Clinic" continues to be in need to volunteers. They have clinic hours on Saturdays, and they are always looking for volunteers! The clinic is open generally from 10am-1pm on Saturdays by appointment only. The fourth Saturday of each month is a Diabetes Foot as well as an Eye Screening Clinic in which individuals diagnosed with Diabetes are provided with education about foot and eye health as well as exercise. Also, they are screened for peripheral neuropathy by a PT, and given an eye exam by an ophthalmologist.

Volunteers must be physical therapists, licensed to practice in the District of Columbia, who are willing to sign up to be a PT volunteer or backup volunteer on a Saturday.

In addition to "man-power," the clinic is also in need of supplies. The clinic is looking for medical supplies, especially those items that patients can use during home exercise programs. If your clinic or facility is updating your equipment, think about donating your older items. Here's a list of the most needed items:

- Varying levels/colors of theraband
- McConnell tape
- Off the shelf orthotics
- Medium and large size heel wedges
- Trial size lotions
- White socks
- Ankle cuff weights
- Any type of patient education in Spanish particularly that can be sent home with the patients.

It would be great to be able to offer moist heat eventually, so if anyone is getting rid of a functioning hydrocollator, it would certainly be put to good use.

Although the main focus of this clinic is to serve the poor in DC, it also provides educational opportunities for physical therapists and PT students to increase their exposure to pro bono PT services. So they need our help! What a great way to give back to the community while utilizing physical therapy skills.

Anyone who is interested in volunteering or would like more information can send their contact info to Katie Drummond at: katie.kugler.drummond@gmail.com.

There are also many community opportunities to volunteer with adapted sports/activities. For the list of those activities in the DC/Baltimore area, check out the web sites for Baltimore Adapted Recreation and Sport or BlazeSports USA. Their web sites are www.barsinfo.org and www.blazesports.org.

If you have any questions about any of these activities, or have new ideas about community services opportunities, please contact Alison Cuneo at 202 877 1578 or alisoncuneo@yahoo.com.

Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has.

--Margaret Mead

Mark Your Calendar for Upcoming DCPTA Events!

OCTOBER 2009

- 3 17th Annual Celebration of Diversity to Benefit the APTA Minority Scholarship Fund
Philadelphia, PA
10. APTA of Maryland Fall Annual Conference.
Anne Arundel Community College. Arnold, MD
Track 1: Osteoporosis | Track 2: Provider Contracting - Negotiating with Insurance Companies
- 17-18 DCPTA Fall Education Meeting: *Evaluation and Treatment of Neurological Patients*
National Rehab Hospital; Washington, DC
- 20 Gait Analysis Technology - Hosted by APTA of Maryland
Sinai Hospital - Wasserman Gait Lab. Baltimore, MD
- 22-24 International Policy Summit on Direct Access and Advanced Scope of Practice in Physical
Therapy
National Harbor, MD
- 27 Cultural Competence for the Physical Therapist - Hosted by APTA of Maryland
Oak Crest Village. Baltimore, MD
- 28 DC Physical Therapy Forum
Howard University. Washington, DC
- 30-Nov. 1 APTA National Student Conclave
Miami, FL

FEBRUARY 2010

- 17-20 Combined Sections Meeting (CSM)
San Diego, CA

JUNE 2010

- 16-19 Annual Conference: PT 2010 (Annual Conference & Exposition of APTA)
Boston, MA

For updates on upcoming events,
please visit our Web site:
www.dcpta.com.